

# Base Menu Spreadsheet

## Portion Values

Jan 3, 2023 thru Jan 31, 2023

**Menu Name:** Secondary Lunch

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Tuesday - 01/03/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990066 Manager's Choice	PKG	1	*N/A*	*N/A*
Weighted Daily Average			0	0
% of Calories				0%
Weekly Nutrient Guideline			750 - 850	

### Wednesday - 01/04/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990136 Taquito Chicken Cheese	3-Taquitos	1	220	25.00
990137 Taquito Beef Cheese	3 Taquitos	1	220	26.00
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
Weighted Daily Average			1260	150.00
% of Calories				47.6%
Weekly Nutrient Guideline			750 - 850	

# Base Menu Spreadsheet

## Portion Values

### Thursday - 01/05/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
001149 Chicken Nachos	SERVINGS	1	501	34.36
001156 Pretzel w/Cheese Sec	EACH	1	350	*4.00
Weighted Daily Average			851	*38.36
% of Calories				*18.0%
Weekly Nutrient Guideline			750 - 850	

### Friday - 01/06/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
000859 Chicken Sweet/Sour & Rice	SERVING	1	318	45.81
Weighted Daily Average			718	87.81
% of Calories				48.9%
Weekly Nutrient Guideline			750 - 850	

### Monday - 01/09/2023

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000734 Hamburger w/Bun Sec	SANDWICH	1	320	32.00
001058 Cheeseburger w/Bun Sec	SANDWICH	1	360	33.00
000893 Corn Dog	CORN DOG	1	280	28.00
Weighted Daily Average			960	93.00
% of Calories				38.8%
Weekly Nutrient Guideline			750 - 850	

### Tuesday - 01/10/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000163 Chicken Tetrazzini	1 CUP	1	264	24.05
990089 Breadstick Garlic 6"	Breadstick	1	110	15.00
000144 Bosco Breadsticks Sec	2 STICKS	1	456	50.07
Weighted Daily Average			830	89.12
% of Calories				42.9%
Weekly Nutrient Guideline			750 - 850	

### Wednesday - 01/11/2023

### Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990105 EARLY RELEASE DAY	SERVING	1	*N/A*	*N/A*
000391 Hot Dog Sec	Hot dog	1	376	29.14
990057 Chip Variety	PKG	1	140	18.50
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
Weighted Daily Average			1336	146.64
% of Calories				43.9%
Weekly Nutrient Guideline			750 - 850	

### Thursday - 01/12/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000398 BBQ Pork Roast w/Bun	SERVINGS	1	343	8.42
000687 Lasagna	PIECE	1	280	20.65
990094 Bread Item	Breadstick	1	110	15.00
Weighted Daily Average			734	44.07
% of Calories				24.0%
Weekly Nutrient Guideline			750 - 850	

### Friday - 01/13/2023

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jan 3, 2023 thru Jan 31, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
000193 Hot Ham/Cheese	SANDWICH	1	283	36.00
Weighted Daily Average			683	78.00
% of Calories				45.7%
Weekly Nutrient Guideline			750 - 850	

### Monday - 01/16/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990068 No School	PKG	1	*N/A*	*N/A*
Weighted Daily Average			0	0
% of Calories				0%
Weekly Nutrient Guideline			750 - 850	

### Tuesday - 01/17/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	29.26
001117 Sausage Patty	PATTY	1	180	0.00
000309 Pizza Garlic Bread	PIECE	1	320	30.00

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Weighted Daily Average			800	59.26
% of Calories				29.6%
Weekly Nutrient Guideline			750 - 850	

### Wednesday - 01/18/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990139 Calzone Pepperoni	Calzone	1	270	30.00
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
Weighted Daily Average			1090	129.00
% of Calories				47.3%
Weekly Nutrient Guideline			750 - 850	

### Thursday - 01/19/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000479 BBQ Rib w/Bun	SANDWICH	1	310	38.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000467 Nacho Supreme	servings	1	518	28.61
Weighted Daily Average			828	66.61
% of Calories				32.2%
Weekly Nutrient Guideline			750 - 850	

### Friday - 01/20/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
000477 Chicken General Tso/Rice	SERVING	1	395	42.71
000986 Egg Roll	EGG ROLL	1	170	20.00
Weighted Daily Average			965	104.71
% of Calories				43.4%
Weekly Nutrient Guideline			750 - 850	

### Monday - 01/23/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000916 Pizza Quesadilla	SLICE	1	330	40.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000460 Sub Meatball	SANDWICH	1	693	63.07
Weighted Daily Average			1023	103.07
% of Calories				40.3%
Weekly Nutrient Guideline			750 - 850	

### Tuesday - 01/24/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
001099 Chicken Strips Sec	4 STRIPS	1	266	13.30
990120 Garlic Knot	Rolls	1	169	26.86
000846 French Toast Sticks	3 Sticks	1	260	42.00
001117 Sausage Patty	PATTY	1	180	0.00
Weighted Daily Average			875	82.15
% of Calories				37.6%
Weekly Nutrient Guideline			750 - 850	

### Wednesday - 01/25/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990047 Cheese Bites	4 bites	1	283	28.35



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000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
Weighted Daily Average			1103	127.35
% of Calories				46.2%
Weekly Nutrient Guideline			750 - 850	

**Thursday - 01/26/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000010 Chili	Cup	1	427	45.39
000955 Cinnamon Roll	ROLL	1	260	36.00
990089 Breadstick Garlic 6"	Breadstick	1	110	15.00
001023 Chicken Nugget Sec	5 PIECE	1	208	15.00
Weighted Daily Average			1005	111.39
% of Calories				44.3%
Weekly Nutrient Guideline			750 - 850	

**Friday - 01/27/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
990064 Pig in Blanket Sec	SANDWICH	1	475	25.26

# Base Menu Spreadsheet

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Weighted Daily Average			875	67.26
% of Calories				30.7%
Weekly Nutrient Guideline			750 - 850	

### Monday - 01/30/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000496 Crisпитos	2 CRISPITOS	1	540	46.00
000181 Grilled Cheese	SANDWICH	1	334	32.00
000833 Broccoli Soup	1/2 CUP	1	169	9.45
Weighted Daily Average			1042	87.46
% of Calories				33.6%
Weekly Nutrient Guideline			750 - 850	

### Tuesday - 01/31/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990134 Tornado Variety	Tornado	1	370	43.00
000382 Chicken & Noodles	8 OZ SERVINGS	1	264	23.55

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000908 Hot Roll	ROLL	1	176	31.90
Weighted Daily Average			810	98.45
% of Calories				48.6%
Weekly Nutrient Guideline			750 - 850	

			Cals <sup>1</sup> (kcal)	Carb (g)
Weighted Averages			847	*83.99
% of Calories				*39.7%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.